



eden community food bank

December 2011

No one wants to be alone and hungry during the holidays.

Friend of Eden Community Food Bank,

When I think of the holidays, my heart warms as I anticipate the time I will spend with family and friends, sharing gifts and great food. But for many of the individuals and families that come to the food bank, the holidays are a time of fear and loneliness.

Frank is a retired veteran living off a small pension. He lives alone and doesn't have any family. His visits to the food bank help to stave off feelings of isolation as much as hunger. Even though he can be a bit cantankerous, he enjoys his "fellowship time" with staff and volunteers during his visits to the food bank.

Sherise is a single mother of four who can't make ends meet each month let alone in December. Her kids are ever hopeful for presents under the tree, but how can Sherise afford presents for her kids when she doesn't even have enough for food after paying the rent each month?

Arjun and Kapoor recently immigrated to Canada with their two young children. They left family and friends in India to provide a better education for their kids, but they are having a difficult time finding work and the money they came with is quickly running out.

No one wants to be alone and hungry during the holidays. These are the individuals and families we help. This holiday season, these are also the people that **you** can help.

As a supporter of Eden Community Food Bank, we are turning to you to help us brighten the future for those families in our community who otherwise have very little hope. **The need to use the food bank remains high, but donations from individuals have dropped off over this year.** Your generous gift at the end of the year, when needs are the greatest, allows us to not only provide food for the whole family during the holiday season, but ensures that we will be there when they need us through the year.

By making a donation today, you are helping to alleviate hunger at a critical time. Help us show our neighbours in need that even as you look forward to your own food and family filled holidays, you have not forgotten those who may be alone and hungry. We look forward to your continued support.

Gratefully yours,

Bill Crawford,
Executive Director



P.S. You can also give on-line by going to edenfoodbank.org and clicking on the "donate" button in the bottom right hand corner.

My Gift to Eden Community Food Bank: \$50 \$100 \$250 \$500 \$1,000 \$_____

Name: _____ Address: _____

City: _____ Postal Code: _____ Phone: _____ E-mail: _____

Cheque enclosed or please charge: VISA MasterCard

Card #: _____ Expiry Date: _____ Signature: _____

Charitable Registration Number: 86440 7259 RR0001
2011 tax receipts will be issued for all donations received on or before December 31st, 2011

Thank you for taking a bite out of hunger!



eden community food bank